Assembling your School’s Wellness Team

The most successful wellness teams have diverse participation from their school community. When assembling your team, think about who best represents your school and who will be champions for wellness.

- Principal/Assistant Principal
- School Nutrition Services Manager
- Physical Education Teacher
- Athletic Coach
- Health Education Teacher
- School counselor, psychologist or social worker
- Classroom Teachers
- School nurse
- Students
- School security personnel
- Parents
- Community-based health care or social services provider
- Janitor or custodial worker
- Community health organization representative
- Facility and maintenance staff
- Bus Driver or crossing guard

For more information visit: www.healthikids.org