ROLL THE DICE!
IT'S TIME TO UP THE SPICE!

Kids in the Rochester City School District (RCSD) throw away 25-75% of their school lunch.

Kids complain that the food is too bland and needs more flavor.

Parents say it's time for a change.

Give kids the power to build their own flavor. Create a flavor station in every RCSD cafeteria!

To learn how to get a flavor station in your school visit us at: www.healthikids.org