



Schofield CNA Jeanine Thompson and Mrs. Frances Grisanti show what makes Schofield such a great friendly place - Schofield Residence is rated 5 out of 5 stars for Quality Measures by Medicare.gov.

Donor Spotlight: Anna Baczkowski, RN



Years in WNY – All my life

Occupation: Registered Nurse, retired from Schofield Home Care

Family: 2 children, 1 grandchild

In the last 3 years what has been the very best experience you've had?

Being a grandmother one year ago. I have a granddaughter named Maisie.

How are you enjoying retirement?

I love it! I volunteer three mornings a week at the Mercy Center convent as their reception volunteer.

What has touched you about giving to Schofield?

I believe in giving back and giving a little bit of every paycheck. Over time it adds up. Giving is a great way to honor someone. I've given in memory of my father who was a Schofield Home Care patient and in memory of my son Scott who passed away at age 27 from a severe brain abnormality. You can donate to honor anyone, family or coworker.



Five Reasons You Need a Longevity Plan

by Laurie Menzies, Esq., Senior Partner, PMB Elder Law

Most of us know the importance of saving for retirement. Furthermore, good estate planning can ensure that assets are transferred correctly at death. However, many fail to plan for the “bonus years” — typically between the ages of 80 and 95 — when our bodies begin to slow down and questions begin to arise such as: “Who will care for me?” “Where will I live?” and “How will it be paid for?”

After working with hundreds of families as they navigate a fragmented, confusing, long-term care system, I can offer five good reasons to create a longevity plan:

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Save the Date!



'Bus' Covert Memorial Car Cruise & Show
A Benefit for Schofield Care

When: Sat. August 10, 2019

Where: Schofield Residence, 3333 Elmwood
Food Trucks, Classic Cars, Pie Contest, Theme Baskets, Music & More!

Please complete, clip and mail to:
Schofield SCOPE
3333 Elmwood Ave.
Kenmore, NY 14217
or email us at info@schofieldcare.org

- Go green! Email me the SCOPE Newsletter
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Five Reasons You Need a Longevity Plan

1. If you live long enough, you will probably need some help. Increased life expectancy means that many of us will experience being “very old” (older than 85). This population has the highest risk of needing care. The need for eldercare can completely change your lifestyle and finances and throw your family into a crisis. While we plan for our healthy retirement years, we don’t always consider the need to plan for the time when health issues may arise, and we are less able to care for ourselves. Decisions may have to be made regarding your finances and living situation. Without advance planning, someone else may decide where you will live and how much of your money will be spent.

By creating a longevity plan, you can advise your family of your preferences regarding your care, where you will live, and how it should be paid for.

2. Your Will probably gives you a false sense of security. Think about it. *Your Will is only effective after you die.* For many people, a last will and testament is the only “plan” they have made. A will does not address long-term care, finances, or legal matters while you are still alive. You may have other legal and financial documents that have not been coordinated with your Will. If a Will is the only legal document you have completed, you have left the years before your death to fate, fortune, or someone else’s decisions. Furthermore, a Will does not save your family from probate after you die—it guarantees it! With proper planning to distribute your assets through beneficiary designations, trusts, or other tools, your family can avoid a lengthy and expensive process after you are gone.

A longevity plan helps you protect, use, or transfer your assets according to your wishes.

3. You have worked hard for your money. If you need long-term care, most expenses will NOT be covered by Medicare or your private insurance, and you may have to deplete your savings. Most often, the only alternative to private pay or long-term care insurance is the Medicaid system. Medicaid requires that you spend

your assets down to what the government determines you should be “allowed” to keep.

By getting your financial and legal affairs in order before you need care, you can ensure that a significant amount of your hard-earned savings will still be there for your children after you are gone. Why spend all your life savings if there is a better way? There are government home care programs that you can qualify for without having to spend all of your money first. Because there is currently no five-year “look-back” to qualify for home care, many clients can qualify by moving money into a trust, even if care may be needed immediately or within a short period of time.

A longevity planner will know about programs and services that may be available to you and your family and offer alternatives and techniques to preserve your money.

4. Because your family may not be perfect. Maybe your children don’t live near you. Maybe they don’t get along. Maybe you don’t want to ask them for help. Do you have anything in place should you need assistance with transportation, meals, or household chores? Even if your children live nearby, they may not have the time or knowledge to help you. Or worse, each of your children thinks they know exactly what you should do, and they argue over what should “happen” to mom or dad and how your money should be spent.

A longevity plan developed by a neutral third-party can help your family navigate some of the more difficult and emotional issues with practical advice and a new perspective — relieving stress, reducing conflict, and saving you time and money.

5. Don’t end a good life by default. Do you really want someone else to determine the end of your life story? As much as our loved ones care for us and want to do the right thing, they cannot possibly know what we want if they are not told. Unfortunately, most of us spend more time planning for a vacation than we do about how our life will unfold should we need assistance.

Wouldn’t you like to know if you will be able to afford these potential expenses and still leave something for your spouse and children? Don’t you want to know if

you are eligible for government programs that help defray some or all of the cost? We should enjoy our long life with gratitude. Why not look forward to these extra years by having a plan in place instead of leaving it up to chance?

You are the only one who can write the ending you want for your story and you deserve to give yourself and your family that lasting gift. You are worth it.

Learn more about longevity planning and how it can help you to live out your life in peace and security. Call the author to schedule a consultation at 716.204.1055.



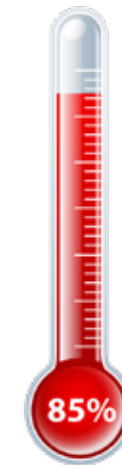
Parents and students from Sacred Heart Academy assisted Schofield’s Adult Day registrants in their activities during the Academy’s annual “Day of Sharing.”

Have you seen our new website?



View our latest video featuring Schofield’s Home Health team on our video page as well as our new Schofield Residence tour in the photo gallery. Individuals who require Rehab therapy or long term care can now apply online or by calling our Admissions team at (716) 436-6314. Schofield Residence is rated 5 out of 5 stars for quality measures by **Medicare.gov**.

We’re almost there!



Schofield’s Campaign to help veterans and others is close to goal. You can make a huge impact right now. There are more than 30 individuals who need help from Schofield’s Adult Day Health Care; many of them are veterans. With your gift today, Schofield can help establish a Northtown’s location for Adult Day Health Care, giving veterans and others with disabilities vital care closer to their home.

Please consider a gift of \$25, \$50 or more to help reach the goal. Your gift can be made securely online at SchofieldCare.org/Donate or by sending in your check payable to the Schofield Foundation in the envelope provided in this newsletter.

Thank you for making a life changing gift today.

Dedicated Schofield Leader Retires



After more than 36 years serving Schofield in many capacities, Sue Rozumalski, RN, MS has retired. Formerly head of Corporate Compliance and Performance Improvement Officer, Sue began her career in 1982 as a CNA while in college working on her nursing degree.

“Through her caring and professional efforts, Schofield has achieved and maintained an excellent reputation for offering the very best of health care services to our residents, patients and registrants,” noted Randy Gerlach.

Sue was joined by her four sisters and mother at her retirement party held in Administration on Sue’s last work day on Jan. 15. We wish her the very best in her retirement and thank her for so many years of dedicated, compassionate service to Schofield.

Sisters' Gifts Make Lasting Impact for Schofield



Katherine Gugino started volunteering for Schofield in 1982 and most recently supported Schofield's Direct Dining Program.

Doreen Prout started a legacy in her family. When she created her will, she included a gift to Schofield Residence in her plans. Her sister, Katherine, also decided to include Schofield in her will. Doreen was a longtime volunteer for Schofield and honored as a "Daily Point of Light" by President George Bush for her dedication. Both Doreen and Katherine are members of the Jennie Schofield Society which was established to honor individuals who have provided for Schofield in their estate plans. Doreen passed in 1992, yet her compassionate help to Schofield lives on together with the thoughtful provision of others who sustain Schofield's future.

You can make your own legacy last beyond your lifetime.

Leaving a gift in your will to a valued charity or cause is a wonderful way we can continue our generosity after we're gone. Your gift will not only help your chosen beneficiaries, but also will set a positive example for others to follow.

Anyone can make a legacy gift.

Meaningful donations can come from anyone, not just the very wealthy, and in any size. So all of us regardless of our means, should consider including charitable bequests when we draw up a will. What's more, every estate, regardless of size, deserves to be planned. Only through a will can we make sure our wishes are carried out.

Attorneys, financial advisors and non-profit organizations can provide helpful information on how to proceed.

Order Your Free My Legacy Kit Today

by calling Rose Collins at (716) 436-6316 or email rcollins@schofieldcare.org.

LEAVE A LEGACY[®]
WESTERN NEW YORK

To leave a gift to Schofield in your will, please use our Tax I.D. number below:
The Schofield Foundation, Inc., Kenmore, NY, Federal Tax I.D. #16-1190702

My Legacy Kit

"Thank you for making my grandparents' end of lives as special as it could be. The care you showed towards them was the best thing that my mom could have received. I was at the time living in California and unable to physically be here for her as she said goodbye to her mom and dad. I will forever be thankful that she felt comfort in the care you gave to them; my beautiful Nana and Pop Pop Cownie."

-Jaime Richey

Longevity Planning



Thurs. March 21 at 1:00 pm
Many fail to plan for the "bonus years" — typically between the ages of 80 and 95 — when our bodies begin to slow down and questions begin to arise such as: "Who will care for me?" "Where will I live?" and "How will it be paid for?" A longevity planner will know about programs and services that may be available to you and your family and offer alternatives and techniques to preserve your money.

Laurie Menzies, Esq.
Senior Partner, PMB Elder Law

Interactive Class on Fall Prevention



Wed. March 27 at 1:00 pm
Mr. Fitness is back for a fun class on preventing slips and falls. Everyone attending must bring a 'kids ball' that can be purchased from a dollar store (see example shown in photo).

Richard Derwald | Fitness Trainer/Media Specialist
Erie County Senior Services, Stay Fit program

Make Your Own Greeting Card Box



Wed. April 3 at 1:00 pm
Join us for a fun class. Using a few easy steps, greeting cards will be transformed into unique one of a kind boxes for you to take home. Some dexterity is required.

Please bring scissors and a ruler. All other supplies will be provided. Class size is limited to 20 people.

Naomi Gworek
Former Adult Ed craft teacher and Schofield volunteer

Minimizing the Effects of Aging

Tues. April 9 at 1:00 pm
We all want to stay youthful and strong as we age. Learn about how to minimize the effects of aging from popular fitness expert, Mr. Fitness.

Richard Derwald | Fitness Trainer/Media Specialist
Erie County Senior Services, Stay Fit Program

Virtual Tour of Keukenhof Gardens



Tues. April 16 at 1:00 pm
Keukenhof, also known as the Garden of Europe, is one of the world's largest flower gardens, situated in Lisse, South Holland, Netherlands.

According to the official website for the Keukenhof Park, approximately 7 million flower bulbs are planted annually in the park, which covers an area of 32 hectares.

Maryann Jumper
Kenmore Garden Club member

Food for Thought: Nutritional Strategies for Brain Health



Thurs. April 25 at 1:00 pm
As we age, physical changes take place in our bodies that can affect our eating habits as well as the way we process and use the food we eat.

By focusing on supporting these common changes with nutritional strategies, we can help our bodies better adapt to the inevitable effects of aging. Popular nutritionist Andrea Langston will return to share about eating to support our minds and bodies as we age.

Andrea Langston, MS
Clinical Nutritionist and Owner of Thrive Nutrition & Wellness, LLC

We are extremely grateful to the community of individuals and organizations whose financial and other support is enabling Schofield to continue its mission of caring for the elderly and adults with disabilities. **THANK YOU** to the donors on the following pages whose gifts from October 1, 2018, through January 25, 2019, are helping those in our care to thrive.

We have taken great care in the preparation of these lists. Please contact the Schofield Foundation at (716) 436-6316 if you find an error or omission, so that we can correct our records.

Memorial Gifts

Making a gift in memory of a loved one is a beautiful way to recognize a special someone who has passed away. Our condolences to the family and friends of those remembered (in bold) below, and our heartfelt thanks to those who gave a gift in their memory.

Charles Adelsberger Lester Morris	Theodora Gucwa Nancy and Julius Zebehazy
Dolores Agro Jo Frances Cipolla	Emma Hall Margaret and Robert Tyrrell
Edward Ansbrow Carol Ansbrow	Gordon Inskip Martha G. Inskip
Josephine Augello Nina Appleby	Clara Kadzik Peter Kadzik and Amy Weiss
Arlene Berger James Berger	Victor Kalson Agnes Schmitz
Virginia H. Boutet Yvonne and Robert Pohlman	Henry and Mabel Kellner Delores and Lester Kellner
Herbert J. Calkins Jack Calkins	Barbara Knauer, MS, RN Sharon S. Dittmar, PhD, RN
Rose Clapps and Sammy Pignataro Marie Catalano	Albert Luchterhand and Charlotte Zipp Sylvia Willard-Schad
Aurelia L. Closser Michael Closser	Evelyn McDonald Joy Starkweather
James and Nancy Cownie Jaime Richey	Frances Meyers and Mark D. Meyers Donald and Jane Meyers
Edna Davignon Steve and Joan Holesko	Michael Meyers and William Rozumalski Susan Rozumalski
Geraldine Ellis Dale Ellis	Laura Mondello Barbara Mondello
Janie Falzone Debbie Falzone	Carol Morris John Gionis
Edward S. Forczek Deborah Forczek	Lester Morris
Jonathan Freeland Mr. Alain Gerard	Edith Murchison Kenneth Murchison
Catherine Gill Victoria Randall	Peg Nelson James and Sandra Strom
Eftyhia “Joy” Gionis Lester Morris	

Honorary Gifts

Nothing says “I appreciate you” like supporting an organization or cause a friend, coworker, family member, or other person cares about. Many thanks to the donors below whose gifts in honor of someone special (in bold) are keeping Schofield strong.

Adult Day Health Care Program Staff Anthony and Mary Ann Pula	Edward Gray and Kathy Walter Susan Maxwell	Edward Smietana Marlene Leone
Laurie Aris Susan Yates	Frank Lachina Rose Ann Stern	Zrenell Webster, USMC Evetta Webster
Molly Carver Michael Carver	Mardrey Pennick Walter and Carol Davis	
Nicholas Gazzo Patricia Gazzo	Bertha Shipton Michael and Renata DiStefano	

Outright Gifts

Schofield simply could not deliver the high-quality health care services it provides to more than 700 frail adults and seniors each week without financial support. We greatly appreciate the donors below whose generosity helps ensure our continued success.

Harvey and Marian Arbesman	Marilyn Dobos	Steven and Isabelle Gustin	Marian Miller
Aries Transportation Services	Phyllis S. Drews	Marjorie Hagberg	Morgan Services
David Backes	Chris Ellis	Jean Hofer	Andrew and Doris Musacchio
Steven Bader	Family Choice of New York, LLC	Amy Johnson	Thomas and Nancy O’Donnell
Karen Bradley	Federated Clover Investment	Michael Kaiser	Elizabeth A. Olender
Cheryl Burgett	Advisors	Jeffrey and Joyce Kawa	James and Lucy Phillips
Roger and June Burgler	Alexandra H. Foglia	Katherine Kawa	Janet Schaller
Burke Group	Fontanese Folts Aubrecht Ernst	Octavia Kitchen	Joy Starkweather
CMS Max Inc.	Architects, P.C.	Lisa Kozlowski	Steve Szubinski
James H. Campbell	Daniel Gagnon	Diane and David Kumrow	Donald and Joan Unkrich
Patricia Conway	Paul Gentile	Crystal Kuzma	Ann Vickers
Damon & Morey LLP	Salvatore and Marilyn	Rosella Manley	John and Janice Walter
Dash’s Market	Gruttadauria	Linda Miller	Patricia M. Weatherford

In-Kind Gifts

Generosity can take many forms. We are very grateful to the donors below whose thoughtful contributions of tangible goods or services have brought comfort and joy to numerous individuals in Schofield’s care.

Barbara Fatta Mason	Nancy Muffali, DDS	Paul Schaefer	Barbara Stana	Mary Wells
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Caring Circle

Schofield’s regular, monthly donors, known collectively as the Caring Circle, help ensure that Schofield has the continuing resources it needs to provide critical medical care and support every day. Interested in joining the Circle? Visit our secure website at schofieldcare.org/donate or call the Schofield Foundation at (716) 436-6316.

Rebecca Battiste	Candice Duffy	Qiana Hunt	Joan O’Hare	Jeanine Thompson
Enajo Best	Debbie Falzone	Maris Lenk	Mercidees Peach	Deonna Vick
Victoria Bigford	Dawn Friend	Donna M. Leone	Michelle Przepasniak	Asia L. Wilson
Cheryl Bull	Randy Gerlach	Marlene Leone	Nancy Root	Marguerite Yankeu
David Cascio	Ka’Shi L. Green	Jennifer Linder	Susan Rozumalski	
Rose Collins	Stephanie Grucza	Sierra Logan	Bertha Shipton	
Diane Druz bik	Jordan Hardy	Susan Maxwell	Catherine Sobotka	

Jennie Schofield Society

In 1910, Dr. Jennie Schofield served with a group of volunteers to establish the Wheel Chair Home, now known as Schofield Residence. Today, The Jennie Schofield Society recognizes and honors individuals who, like Dr. Schofield, hold the future of Schofield close to their hearts. We are pleased to acknowledge the Jennie Schofield Society members below who have provided for Schofield in their wills, trusts, retirement plans, life insurance policies, or other estate plans. We honor their foresight and generosity.

Anna Elizabeth (“Betty”) Adams*	Ruth H. Geiger*	Edith J. Link*	Francis* and Doris* Pepi	Kathleen Shepard*
Helen M. Allen*	Katherine E. Gugino	Laura M. Little*	Charles* and Elizabeth*	Bertha E. Shipton
Anonymous	Warren Hildebrandt*	Charles H. Lockwood*	Percival	Richard F. Smith*
Bernice B. Auld*	Elsie J. Jepson*	Alice* and Carl* Mertz	Albert and Marie Prout	Madge S. Stilling*
Harold C. Becker*	Grace R. Johnston*	Anna Mae Murphy*	Doreen P. Prout*	Rudolph J.* and Marian L.* Supparits
Virginia Berkwater*	Irna M. Kraft*	Mary A. Murphy*	Hubert H. Race*	Louise C. Teter*
Marie L. Claiborne*	Charles R. Lambert*	Sandra J. Nichols*	Noreen B. Riefler*	James G. Weimer, Sr.*
Victoria R. DiBello*	Mabel A. Lattimer*	Ruth E. Ochs*	Sarah C. Schaeffer*	
Eugene Dietz	Emma P. Lehman*	Violet Osborn*	Julia Schild*	
Esther E. Eble*	Marian C. Lepper*	Barbara Jane Parker*	Karen Marie Schrader*	
	Mary E. Lillie*	Jean P. Pearson*	Orville Ann Shank*	*deceased

Interested in creating a family legacy and sharing in Schofield’s future? Contact Rose Collins at (716) 436-6316 or rcollins@schofieldcare.org to learn more.