Taking PPE OFF

1. Reach back and release the neck portion.
2. Untie the waist.
3. Remove and discard into bin without touching outside of gown. DO NOT REUSE.
4. Remove and dispose gloves.
5. Sanitize hands.

EXIT patient room

MASK

6. Put on fresh gloves.
7. Sanitize gloves.
8. Remove eyewear and place on wipe.
9. Remove mask, lower strap and then upper. Store mask.
10. Sanitize gloves.

FACE SHIELD

11. Wipe front and back of shield.
12. Wipe elastic band.
15. Place shield upside down to dry.
16. Sanitize gloves.
17. Remove gloves.
18. Wash hands with soap and water or sanitize hands.

GOGGLES

19. Wipe front and back of lens.
20. Wipe both ear pieces.
22. Place goggles on clean table to dry.
23. Sanitize gloves.
24. Remove gloves.
25. Wash hands with soap and water.

Next Patient Requires Clean PPE
**WHAT YOU NEED**

- **Gown**
- **Respirator** recommended for aerosol generating procedures.
- **Surgical mask** is acceptable for non-aerosol generating procedures if respirator is not available.
- **Face shield or eye protection** such as goggles.
- **Gloves**

**GOWN + GLOVES**

1. **Batch work and plan ahead,** having items available outside each patient room.
2. **Sanitize hands.**
3. **Put on gown outside room.** Open-end faces your back. **Tie** the back of the gown.
4. **Put on gloves.**

**RESPIRATOR**

5. **Put on respirator** (such as N95) or a regular mask, **ensuring** proper seal. **Ensure** straps are not crossed.
6. **Verify mask seal.** **Place** hands over the front of the respirator. **Breathe** an easy deep breath in and out.

**EYES + ENTRY**

7. **Put on face shield or eye protection** (such as goggles).
8. **Enter room**
9. **Do not** touch face or re-adjust PPE inside room.

---

Monroe County Long Term Care COVID Task Force. Adapted with permission from Emory University by Common Ground Health, May 1, 2020