

2 0 1 5

In Review

#1



Recess



20

Recess observations with parents in thirteen Rochester City School District (RCSD) schools

1

Policy change to the RCSD Student Behavior Resource Manual - recess now cannot be taken away as a form of punishment

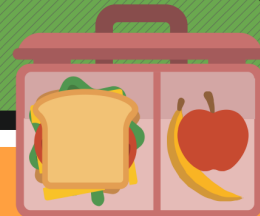


1

School Board Candidate Questionnaire asking about the importance of play

1

Practice change - the Chiefs of Schools now ask about the status of recess during their weekly site visits



School Meals

21



Lunch observations with parents in thirteen schools

200

Letters from parents to Food Services asking them to make water available and free for meals at school



42

Elementary schools will now provide free cups of water for students during meals



12/3

The first meeting of Youth School Food Advisory Committee

138

Food service staff and lunch aides provided with professional development to support a healthy cafeteria environment



#2



AHEAD

Safe Routes to School



Walkability assessments by parents and community members completed



Parent, student & community collaboration sessions to develop recommendations



Report released and presented to the School Traffic Safety Committee



Recommendations Healthi Kids continues to advocate for to promote safer routes to school

#3

#4



Empowering Parents

28

Healthi Kids' Coffee Hours at Schools #2, #19, #43 and #46



8

All Pro Dad meetings at School #43 empowering Dad's to be engaged

2

School PTA/PTO's committed to starting All Pro Dad groups at their school in 2016



Healthy After School Programs

19



After School Programs have adopted and sustained healthier behaviors

1

Healthy Behavior toolkit for after school programs created



#5

4,597

Kids impacted by our work in after school time programs



2



Professional development days for all Department of Recreation and Youth Services Staff and five out of school time programs across the City

#6

Healthy Community

1



Healthy corner store transformation

3

New signs provided to the Westside Farmer's Market to promote access to healthy food



1



Joint Use Agreement made between School #46 and the YMCA

10



New worksites recruited to promote worksite wellness



Summer Meals

117



Summer Meals sites offered free meals to children under 18.



620

Kids participated in the Summer Meals Kickoff event at Frontier Field



10

News and radio spots on the importance & availability of healthy summer meals

24

Billboards across the city promoting summer meals



30

Community partners working together to expand participation in the Summer Meals program

39%

Increase in the number of daily meals served to kids in our community

#8

#7



Play ROCs

1

Pop-up playground for adults on Park(ing) Day



News stories on why play is important in our schools and community

10

1



Live broadcast to promote walkable playable neighborhoods on Walk to School Day

6

Playable infrastructure examples we have showcased since August 2015



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