

# QUARANTINE & ISOLATION PROTOCOLS: WHAT IT MEANS FOR FAMILIES

If a parent or caregiver tests positive and is not able to fully stay separate from a young child in their care, the child must quarantine starting when the parent learns they have COVID-19. An additional 10 day quarantine then starts on the day the parent is released from isolation. If the parent can make arrangements for their child to be cared for by someone else, the child's quarantine starts on the last day of close contact with the parent.

## CLOSE CONTACT

Anyone who is within 6 feet of an infected person for 15 minutes or more. A negative test does not shorten a quarantine due to close contact.

## QUARANTINE

If you have been in close contact with someone with COVID-19, then you must stay home for a minimum of 10 days after the day of the close contact.

## ISOLATION

Separates sick people with COVID-19 from people who are not sick. This means not coming in contact with anyone else while you are in isolation.

